President’s Message

Joe Englehardt

We hope everyone had a great holiday season and we wish you a happy, healthy and prosperous New Year. It looks like we have a number of activities and issues coming up for the Lyon Park community.

First, thanks to Renee Gutshall and Janiene Velasco for organizing a great Children’s Christmas Party, to Santa and Mrs. Claus, and to all those who brought cookies or otherwise helped out. Everyone there enjoyed the warm holiday atmosphere despite the cold evening.

Coming up in short order are the County hearings on the proposed development of 2201 Pershing Drive and the Pancake Breakfast at the Community Center on January 19. Further along are the Chili Dinner, the Spring Fair, and a possible Spring Garden Tour. There are meetings this month concerning renovation of the footbridge across Route 50, development of the Clarendon Center, and construction at 1200 North Irving.

We’re involved in supporting the renovation of Thomas Jefferson with the School Board and County. We’re examining how to work better with the police and want to address several non-police traffic issues, such as 10th Street crosswalks, traffic calming, and the problem with trucks at the 7-11 on N. 4th Street. We’re monitoring the County budget and taxes, and we’re active in tree conservation. Our newsletter needs delivery each month, the web site needs tending, the Community Center needs constant repairs, and the Park always needs maintenance.

We can take on these kinds of activities and enjoy the results only when community members step forward and become involved. Folks have a continuing string of ideas of what they’d like done, and issues with the County keep popping up, but frankly, we find ourselves limited by a general lack of new participants. And in addition to these projects and issues, we have several regular LPCA position vacancies, including on the Executive Committee, and we need to fill them.

Volunteers have the satisfaction of helping us continue to be the kind of community we are and of participating in events that are fun and beneficial to them and their families. They build skills in organizing and running meetings and projects, being involved in the process of dealing with our County government, and developing a sense of responsibility and community involvement in younger family members.

If you are already involved, thank you for your involvement. You know how satisfying and helpful it can be. If you are not, please consider volunteering to help in one of our activities or issues. It need not be a major commitment of time or energy; often our volunteers spend only a few hours a month. But give something back to your community. Contact me, one of the other members of the Executive Committee, or one of the organizers of Lyon Park events, and let us find something that will be interesting to you and helpful to your neighborhood.
**The Lyon Park Citizen**

The Lyon Park Citizens Association  
414 N. Fillmore St.  
Arlington, VA 22201

**LPCA Executive Committee**

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**LPCA General Meeting**

December 12, 2007

After a 20-minute meet and greet period, President Joe Englehardt opened the meeting at 7:50 PM, the agenda was approved, new attendees welcomed, and the following announcements read:

- The Executive Committee met on November 30, and the meeting notes can be found on the LPCA listserv. LPCA is badly in need of a volunteer to distribute the newsletter to the Washington Lee apartments.
- Leaf collection has been completed for the year. Leaves need to be bagged in the brown leaf bags for pick-up the day after the regular trash day.
- Ritch Viola solicited advice regarding the procedures to suggest the County establish pedestrian crosswalks at various locations in the neighborhood, particularly N. 9th and Washington Blvd and N. Garfield and Pershing. The Executive Committee will present suggestions for addressing the issue at the next meeting.
- Elizabeth Piepenbring, Police Liaison, has identified traffic enforcement and crime prevention as neighborhood priority issues for the Police to address.
- Bill Anhut, Treasurer, reported assets of approximately $64K, mainly due to increased newsletter advertising and membership dues. He also noted that 50 Jamestown Cherry Bark Oak trees had been planted in the community. LPCA leads the County in tree plantings.
- Melissa Bondi reported "The List" of LPCA members who have paid their dues will be published in the January, 2008 issue of The Lyon Park Citizen.
- Kevin Baer, LPCC BOG Chair, said that a Pancake Breakfast is set for January 19, 2007 and volunteers are needed. A volunteer is also needed to manage the Spring 2008 Silent Auction. In addition, those willing to donate their handyman skills are always needed to assist with the regular Community Center upkeep and maintenance. Contact Kevin at kevin.baer@verizon.net if interested.
- Joe Englehardt reported that the County School Board had identified a large disparity between what needs to be accomplished and available funding. With the agreement of the membership, Natalie Roy agreed to draft a letter to the School Board on behalf of the LPCA supporting renovation of Thomas Jefferson Middle School.
- Joe Englehardt moved to adopt an Amendment to the Constitution to remove the detailed requirements for regular LPCA Meetings, and the motion carried without objection. The requirements have been incorporated into the LPCA Policies and Procedures, found in the Library on the website at www.lyonpark.org.
- Joe Englehardt reported on the current status of the County Budget and prospective taxes and recommended the LPCA continue to monitor the process.
- Kathleen McSweeney, LPCA Liaison with Doorways for Women and Families, reported the Freddie Mac Foundation Family Home is now open. The facility offers a home option for abused or homeless women and children in Arlington, in addition to providing programs that offer assistance in financial literacy and essential life skills.

The meeting adjourned at 9:05 PM.

**Ibis**

Mark your calendars! The next IBIS Chamber Music Society concert will take place on Friday, January 18, at 7:30 PM in the sanctuary of the Arlington Unitarian Universalist Church at the corner of George Mason Drive and Route 50. OK—we know most Lyon Parkers can’t walk there, but parking is free and plentiful. The concert is also free, with donations gratefully accepted. This concerts features members of the Boston Pops, the National Symphony and the Kennedy Center Orchestra on flute, piano and strings, playing music of Durufle, Brahms and Kirchner. A reception will follow the performance. We hope to see many of you there.
Think Globally, Shovel Locally
As winter approaches, your friends at WALKArlington want you to know that we value your safety!

Arlington winters can coat our sidewalks with everything from sleet and ice to snow and whatever you call that nasty gray slush churned up by cars and plows.

Arlington pedestrians need to get where they're going regardless of the conditions, so we ask that you consider these reminders and help keep your neighborhood’s sidewalks passable this winter.

- All Arlington property owners are responsible for clearing their own sidewalks of snow and ice. Residents of houses on corner lots should pay special attention to keeping crosswalk access clear.
- Arlington apartment property managers (and business owners) are responsible for removing snow and ice from their properties. Residents/tenants should notify their property managers when sidewalks need to be shoveled.
- Arlington snow often turns into ice within one day. Since ice is much denser than snow, it's best to shovel within 24 hours.
- Snow should be shoveled onto your yard, not onto the street.

Snow Angels
- If you know a neighbor who might need help keeping sidewalks clear this winter, please offer to lend a hand, for everyone's sake!

For tips on safe shoveling, visit www.coloradospineinstitute.com/subject.php?pn=wellness-snow-shoveling

Ever have a bad thing turn into a really good thing?
Elizabeth and Tom Sheehy

One evening this past November, we came home to Second Road to see a twenty foot section of our front yard picket fence smashed to smithereens. Upon viewing the tire tracks, it was clear that a car had run over the fence and driven another fifty feet on our lawn, stopping just short of our front door. With neither a driver nor witnesses, we were left to wonder what happened.

We had built the fence soon after moving in, seven years ago. We weren't looking forward to investing the hours needed to repair it. Far more disturbing though was the mystery. It was an improbable accident, evidently involving only a single car. But the alternative of the damage being intentional was far less likely, we hoped.

Fortunately any anxiety disappeared the next morning when a man sheepishly approached our house and reported that his wife had been the driver. She had swerved to avoid an animal, he explained, lost control and did the damage, including to her car. [We all need to slow down.] This gentleman, an Alexandria resident, apologized profusely—and after we gave thanks that no one was hurt—he assured us that he would fix the fence. By the following weekend, with a bit of our help, he and his brother had it in great shape.

Far more important than the fence was our appreciation for someone taking responsibility. Our new friend didn't have to come back. That he did caught us by surprise. It was a pleasure working with him repairing the fence and having our children see close up an example of good character. So for our Lyon Park friends who were wondering what happened in our yard... this is the really good thing.
Development

Many thanks to the folks on the LPCA development committee who took time from their busy holiday schedules to discuss the 2201 Pershing Drive project.

At the December 18 workgroup meeting, Abbey Road Developer Matt Birenbaum gave updates on the parking situation (one of the issues the community flagged during the October LPCA meeting). Workgroup members also discussed the upcoming January Commission meetings, which will be followed by a final vote on the project by the County Board on January 26.

To refresh everyone’s memory during this hectic holiday time:
The Planning, Transportation and Housing Commissions will meet and review the project proposal in January. These Commissions then render a decision, either to support or oppose the project. The County Board then weighs the Commission opinions including our community’s position, to arrive at a final decision.

In October, the LPCA voted to support the project with the following three caveats:
(1) It should be less dense;
(2) It should include open green space (park); and
(3) It should meet parking requirements.

In addition to the three conditions broadly outlined by the LPCA, there are other issues on the table. These include County requests that the developer provide more affordable housing, and that there are transportation alternatives if VDOT decides not to create a dedicated right hand turn lane from Arlington Boulevard (Route 50) onto Pershing (which VDOT has publicly stated they want to do). In addition, the Historical Affairs and Landmark Review Board continues to voice concerns about the historical significance of the Lee Shopping Center facades.

We will continue to attend all of the relevant commission meetings to represent LPCA’s interests. If you have questions please do not hesitate to contact me at nroyvilla@comcast.net.
January 2008          The Lyon Park Citizen
www.lyonpark.org

Pursue Fitness!

Integrated Strength Training
at a new, more convenient time!
Tuesdays and Thursdays
4:30pm to 5:30pm
Lyon Park Community Center
Sessions are ON-GOING

Use dumbbells, fitness balls, and dynabands, and incorporate
weight training, yoga and pilates for a total body workout.

Please join our highly motivated, supportive group of participants.
Drop in @ $10.00 per class or enroll at reduced rate.
All fitness levels welcomed and challenged.
Bring a thick mat, fitness ball (45 to 65cm size based on your
height); and
free weights (dumbbells and optional ankle weights).

Catherine Ferguson, CSCS, Fitness Pursuits, Inc.
703/522-0301 or email: persootz@aol.com
If not now, when?

• Abbey Road/2201 N. Pershing presentation:
  Saturday, January 12, 4 PM to 6 PM.  All wel-
  come; see insert.
• Woman’s Club:
  Tuesday, January 22, 12
  noon, at the Community Center!  Pot luck lunch.
• Fitness Pursuits:
  Tuesdays and Thursdays,
  4:30 PM– 5:30 PM.  Catherine
  Fergusen, (703) 522-0301. See her ad above.
• Duplicate Bridge:
  Every Friday, 9:00 AM -
  1:30 PM.
• CABOMA
  (Capital Area Bluegrass Old-time
  Music Association), 2nd and 4th Sundays of
every month, 2:00 PM - 6:00 PM.
• St. Hildegaard’s Old Catholic Church:
  Sundays at 10 AM. Fr. Stan, (703) 528-1825
• Exercise with Erica:
  Monday and Wednes-
  day Evenings, 6:30 PM to 8:30 PM. See ad on
  page 13.
• Pancake Breakfast:
  Saturday, January 19,
  8:30 AM to 9:45 AM. A mere $6 for adults and $3 for children.....More details on page 3.
• 1920 Lyon Park Sales Brochure.
  Reproduc-
  tion copy, 24 pp. Gary or Kit Putnam, (703)
  527-2266. $7 ea or 5/$25.  All proceeds benefit
  the Lyon Park Community Center.
Christmastime in Lyon Park

Voices raised in song to celebrate!

Oh Santa!

Curious kids peak from upstairs!

Photo: D Wydra

Photo: D Wydra

Photo: D Wydra

Photo: D Wydra

Photo: D Wydra

Photo: T. Hopkins

Photo: A. Rasmussen

Photo: R. Dunn

Photo: R. Dunn
Doing the New Year’s Thing….Resolutions

Jeannette Wick

It’s 2008, and many of us will resolve to

1. Stop smoking. Every smoker knows that quitting would be in his or her best interest. Non-smokers who live with smokers are another problem altogether. These non-smokers have a 20% to 30% greater risk of lung cancer. Non-smokers who live with smokers are more likely to develop heart disease, cardiovascular disease, lung cancer, and lung diseases, including bronchitis and asthma. Children who live with smokers often develop asthma or allergies, and pets in smoking households are diagnosed with cancer more often than those who don’t. Secondhand tobacco smoke causes the three Ds (death, disease and disability), so many municipalities now ban smoking in workplaces and public places like restaurants and bars.

You might consider a smoking ban in your own home. But you’ve banished your smoker to the back porch, right? Sorry, it’s not enough. Smokers who smoke outside bring significant levels of toxins back into the home on their clothes. Don’t believe it? Consider purchasing a TobacAlert® kit; this home test provides a quick, accurate, on-the-spot determination of a person’s level of tobacco exposure including second hand smoke. Once smokers realize they are exposing their loved ones to toxin levels just slightly less than their own, they often quit.

If you’re the smoker and quitting cold turkey gives you the heebie-jeebies just thinking about it, there are new ways to quit smoking. Smoking cessation aids now come as gum, inhalers, patches, and tablets. They can lessen withdrawal and decrease urges. Many insurance companies reimburse for these treatments.

2. Decrease alcohol use or abstain. Mention that someone has a drinking problem, and generally, Americans answer with, “Go to AA.” AA, or Alcoholics Anonymous, has helped countless individuals stop drinking. It is not the only answer for drinking problems, however. Because of its anonymity, no one is exactly sure what its success rate is. Some drinkers perceive its structure as faith-based and inflexible.

Most people are unaware that (1) drinking problems come in different “sizes,” (2) several programs for problems drinkers exist, and (3) some prescription medications can help problem drinkers cut back or abstain from alcohol. With support and guidance, some people with alcohol problems can moderate their drinking, eliminating the problems it causes. Others decide to abstain completely. These programs are growing:

- The HAMS (Harm Reduction, Abstinence, and Moderation) Harm Reduction Network is a free support group for people seeking a better relationship with alcohol or drugs. Find them at http://www.hamshrn.org/.
- Moderation Management (moderation.org) is a behavioral change program and support group network for people concerned about their drinking and who desire to make positive lifestyle changes, including either moderation or abstinence.
- Secular Organizations for Sobriety (SOS; http://www.secularsobriety.org/) provides a path to sobriety, an alternative to those paths depending upon supernatural or religious beliefs. They welcome healthy skepticism, and encourage rational thinking and expression of feelings.

3. Lose weight. The eternal battle of the bulge…for most of us, weight gain is a fact of life. Losing weight successfully is simple in theory: decrease calorie intake and increase expenditure. It’s the practice that gets us! Many studies have proven that tracking food intake and exercise using a dieting diary can increase your chance of success. Internet-based programs make tracking a breeze, and also calculate exercise calories expended. Many are free, but some, like weightwatchers.com or myfooddiary.com have a charge. They can be well worth the money.

You can be successful with any of these resolutions. The key is to use every tool available to you. Look for support, and see your doctor if you think prescription medication might help.
Jefferson Renovation Update  Celia Slater

Unfortunately, the School Board has once again voted to put off much-needed repairs and renovation at Thomas Jefferson Middle School. Because the school is a joint facility (managed by both Arlington Public Schools and the County), the School Board says they cannot move forward on any renovation plans for Jefferson without the County Board's equal support and approval. Although disappointed, the Jefferson PTA and many local residents are continuing to advocate for critical improvements to our neighborhood's middle school. You can help! Plans include:

Working with the School Board to address immediate needs. We will encourage the School Board to address some of the most critical needs through Pay as You Go Funds. These repairs could include such health and safety issues as sprinkler and HVAC upgrades, as well as improvements that would be long-lasting no matter when the renovation occurs including technology upgrades and playing field repairs.

Getting the County Board involved. We hope to encourage the County Board and the School Board to work together during the upcoming Building Life Planning Committee Process. The ultimate goal: creating a workable renovation in which the County and Arlington Public Schools are partners. We are inviting civic leaders to visit the school this winter so they can see the school's potential—not just the building's potential, but also the potential in the wonderfully talented young people who are growing up there.

Gathering support from neighborhood groups and residents. The Jefferson Community Center and playing fields are used by hundreds of residents—not just families with children. As a result, we hope to partner with civic associations and other organizations that use the facilities, including sports and arts groups, to build support for the need for renovations.

We welcome any and all participation! Your support is critical to making sure Jefferson does not continue to be overlooked—even though it has been a priority on the school renovation list for the last 10 years. If you’d like to get involved, please contact Jennifer Dunlap, dunlapjm@hotmail.com.

Jefferson Middle School

Mark your calendar for two holidays in January. Monday, January 21 and Monday, January 28 are holidays for students.

Sharon G. Monde, Principal, Thomas Jefferson Middle School
125 S. Old Glebe Road, Arlington, VA 22204
(703) 228-5900
smonde@arlington.k12.va.us
Crosswalk Update

David Goodman (the WALKArlington coordinator) and Ritch Viola (Planning Section Supervisor, Arlington DES, Transportation Division) observed the Washington Boulevard-9th Street intersection in mid-December, noting traffic and physical conditions. They agreed that locating a marked crosswalk with a median refuge area there would be helpful, especially for people who use the ART and Metrobus stops.

They concluded it would be best to improve the crossing at 9th Street with a marked crossing and an extension of the raised median for improved mid-crossing refuge. In addition, some improvements to the curb ramps will be required to bring the crossing up to Americans with Disabilities Act standards.

Ken Mathias chairs LPCA’s Crosswalks subcommittee, and has been in touch with Mr. Goodman about crosswalks on Washington Boulevard (at 9th and at 10th Streets), and across 10th at the intersections between Washington Boulevard and Barton Street. Mr. Goodman indicates Washington Boulevard and 10th Street are multi-lane arterials that carry heavy traffic during peak hours. Pedestrian facilities along both roads do not meet Arlington’s or VDOT’s current preferred standards. Because both corridors need improvement, it would not necessarily be prudent to make “spot” improvements at one or two locations without analyzing all activities along both corridors and balancing all needs. The County must decide how to distribute resources, such as bus stops and crosswalks. A critical component to understanding what the pedestrian needs are is determining where pedestrians are coming from and going to at different times of the day. Though it would be more expedient to address each location as a stand alone improvement, County engineers identified too many interrelated issues to go ahead without looking at the corridors and Lyon Park’s overall external pedestrian access needs. The process will take time.

The County will convene after the new year and will ask for neighborhood feedback; Ken Mathias is keeping an eye on the process. They are reviewing WALKArlington program accounts to determine if sufficient funds are available.

Many thanks to Eileen and Andy Smith. Eileen’s open letter in the March issue of The Lyon Park Citizen inspired Lita Arnold, and Ann and Ken Mathias to join this crusade. Lyon Park’s pedestrians appreciate their continuing efforts!
**COCONUT MACAROON WHACKY CAKE**

3 c. flour  
1 tsp. salt  
6 tbsp. cocoa  
2 tsp. baking soda  
2/3 c. oil  
2 c. water  
2 tbsp. vinegar  
2 c. sugar  
2 tsp. vanilla

Mix first dry ingredients in a bowl. Mix remaining ingredients together. Pour over dry mixture and beat well until blended. Pour into 9 x 13 inch pan.

**FILLING:**

8 oz. cream cheese  
1 egg  
1/2 c. coconut  
1/3 c. sugar  
1 c. chocolate bits  
1/2 c. walnuts

Mix all together and drop by spoonfuls on top of unbaked cake. Bake 45 minutes at 350 degrees.
ATTENTION TEEN
ADVERTISERS!
If you wish to advertise, and haven’t registered, please contact the editors before the 20th of the month.

Clarendon United Methodist Church

Parent’s Night Out
Parents... need a break?
Let us watch your kids for a few hours.
Each 1st Saturday - see website or call for details

Sunday Worship
8:30 am - Informal
11:00 am - Formal

606 North Irving Street
Arlington, VA 22201
703-527-8574
www.morefath.org

GET SOMEONE’S ATTENTION! The Citizen is hand delivered to 1900 households each month. The Citizen’s classified ads are free for industrious teens (babysitters, leaf rakers, snow shoveliners) who need cash or have nagging parents. All others pay $10.00 for 20 words. Use area code 703 unless otherwise noted.

Babysitting
Alyse Alicandro, 16, Red Cross and CPR certified, experienced with infants 528-1995.
Jackie Anhut, 17, Red Cross certified, 528-3665.
Liza Gibbs, 14, Red Cross certified, 350-2911
Katie Mencough, 15, Red Cross and CPR certified, 243-3823
Stephen Moran, 14, Red Cross certified, 351-7852.
Thomas Moran, 18, Red Cross certified, 351-7852.
Riley Sheppardson, 15, Red Cross certified, CPR certified, no infants, 523-6834.

Pet Sitter extraordinaire Carolyn Grahn, 11, will take care of all of your pets! Experienced caring for dogs, cats, birds, and various rodents. 243-9212

Violin Lessons for elementary school students: call Jackie Anhut, 528-3665.
Violin Lessons from prize-winning violinist for students of all ages and skill. Thomas Moran, 351-7852.

Light Tree Work & General Yard Work: call Kurt, 629-1639.

LPCA does not endorse or investigate advertised services or products. We assume no responsibility for ad accuracy or services/products provided.

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Parent’s Night Out
Parents... need a break?
Let us watch your kids for a few hours.
Each 1st Saturday - see website or call for details

Sunday Worship
8:30 am - Informal
11:00 am - Formal

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January 2008 The Lyon Park Citizen www.lyonpark.org page 11
A New Year's Resolution  
Bill Anhut

The New Year is here and a good time to make predictions and resolutions. First a look back on noteworthy events and what we have accomplished. Arlington County recognized the two large white ash trees anchoring the center of our park as Tree Champions, because they are the two largest white ash trees located in Arlington County.

We have lost a number of trees in our neighborhood, primarily due to new development, but we have had great success in planting new trees. Last November, as a condition for developing his dental office on 10th St and Edgewood, Dr. Perez donated and planted ten shade trees throughout the grounds of Lyon Park. The Lyon Park Citizens Association adopted its Tree Grant Program which provides members of LPCA $50 to offset the cost of planting a shade tree in their yard. On Neighborhood Day May 2007, Arlington County’s Tree Giveaway program provided 70 trees to LPCA residents free of charge, and remarkably, 20 volunteers planted the trees in their neighbors’ yards. This autumn, Arlington provided LPCA residents 50 Cherrybark Oak trees, originated from Jamestown, Virginia, in commemoration of the 400 year anniversary of its founding. Thanks to the Chesapeake Bay Protection Ordinance, developers of new homes are planting trees to provide 20 percent of a parcel’s total square footage with tree canopy coverage within 20 years (four to six trees for a typical lot).

I predict we will continue to lose tree canopy as developers raze existing structures and clear trees from lots in order to build larger homes. I predict Arlington County will do a better job of enforcing the Chesapeake Bay Protection Ordinance’s new tree requirements [as a result of advocacy from watchful citizens—don’t be shy about contacting the County’s Inspection Department at (703) 228-3800 if you don’t see new trees planted]. I am resolved that Lyon Park will continue to be a model neighborhood for the rejuvenation of Arlington’s disappearing tree canopy. Finally, I urge you to encourage your neighbors to accept and plant trees in their yards, especially those who have excellent sites for new tree planting, but don’t understand the necessity and benefits new trees will provide now and for future generations. New tree planting season starts in March!

Happy Contest Winner:
Please Make Chocolate Pizza!
Eileen Smith of Edgewood Street won the December 2007 newsletter contest by identifying 10 people in the Turkey Trot layout. It didn’t hurt that four of the people she identified were Smiths! She was our only respondent, so we asked her what she wanted for a prize. Her answer? A chocolate raspberry pizza! No problem.

Apparently, our last two contests have been too difficult, or you’ve been too busy. This month, since January is named for Janus, the god of the doorway (January is the door to the year), find six doorways scattered throughout these pages, and call or e-mail either editor. The prize is fresh, homemade bread in the flavor of your choice.
Exercise with Erica

Winter 2008 Fitness Classes Available!

Lyon Park Community Center
414 North Fillmore Street, Arlington VA 22201
Mondays & Wednesdays from January 7th – April 2nd
Please bring a towel or mat, weighted body bar (9, 12, 15, or 18lb), and dumbbells (1-5lb) to class

CARDIO-SCULPT CLASS
Mondays & Wednesdays 6:30-7:30pm
Description: 30 minutes of floor aerobics, 20 minutes of sculpting using weights, followed by 10 minutes of abdominals and stretch.
Cost: 26 classes for $189

MUSCLE CONDITIONING CLASS
Mondays & Wednesdays 7:35-8:20pm
(Note: There is no class on the 2nd Wednesday of each month)
Description: 45 minutes of muscle conditioning using weighted body bars and dumbbells. Mat work is also completed for abdominals, glutes, back, and stretch.
Cost: 23 classes for $161

Weighted body bars, mats and dumbbells can be purchased at The Sports Authority. Registration forms will be available during the first weeks of classes.

Questions? 703-864-2509 or Erica@exercisewithERICA.com
Join or renew your membership in the Lyon Park Citizens’ Association

Your $10 is an investment in the community! You may also “Renew for 2” years @ $20

LPCA Constitution, Article II, Membership: Membership in the Association shall be open to all persons eighteen years of age or older who either own or lease a residence within the boundaries of the Association. Each person eligible for membership may have full voting privileges as long as his/her household is current in its dues.

Clip out & return the form below, or

You may also join or renew your membership in person at any regular monthly meeting

Not sure if you’re paid for the new year?
Contact Melissa Bondi, Membership chair, at mmbondi@yahoo.com.

PLEASE PAY YOUR LPCA DUES
Membership supports many activities. Please complete this form and send it with your check payable to LPCA to Membership, 414 N. Fillmore Street, Arlington, VA 22201.

☐ New member $10    ☐ Renewal $10
☐ Renew for two years! $20

Hint: Use a return address label here

Name________________________________________

Address______________________________________

Home phone__________________________________

E-mail________________                        ☐ Add me to the Lyon Park listserv

COMMUNITY INTERESTS: Check all that apply
☐ Neighborhood conservation  ☐ Social events (Holiday party, Halloween)
☐ Community Center and park  ☐ Spring Fair
☐ Annual Craft Fair        ☐ Newsletter
☐ Development issues      ☐ Traffic calming
☐ September Yard Sale    ☐ All purpose volunteer
<table>
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<th>Name</th>
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<td>Elizabeth/Elena Gonzales/Puente</td>
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<td>Gary/Anne Gortenburg/Purcell</td>
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**January 2008** The Lyon Park Citizen   www.lyonpark.org  page 15
Doorways Update  
Kathleen McSweeney

The Freddie Mac Family Home is a busy place right now! Shortly after opening in early December, the Family Home filled to capacity, serving five formerly-homeless families who were able to spend the holiday season under our roof. The staff has been working overtime since the home opened, preparing for occupancy and serving the needs of the six women and fifteen children who now reside there. We continue working with the families to make the New Year more safe and stable than the last year has been.

Thank you to everyone who has dropped off donations of supplies and gift cards to the Family Home. We deeply appreciate the tremendous generosity of our neighbors. However, out of respect for our immediate neighbors, and to minimize traffic, we ask that donors contact Candice Lopez at (703) 522-8858 or clopez@doorwaysva.org to arrange a time and location to drop the donation.

The staff, volunteers and board at Doorways wish you, our Lyon Park neighbors, a year of happiness and peace, and thank you for the support and encouragement you have shown to the families we serve.

• Will next year’s County Decals sport a saxophone player? The Pentagon? How about Rainbow Dancers or the Women’s Memorial? Before January 11, vote for the 2008-2009 Car Decal at https://www.arlingtonva.us/departments/Treasurer/forms/decalvote08_09.asp

• What does “aging in place” mean? How can Arlington’s oldest residents stay involved? Arlington has adopted an Elder Readiness plan; find it at: http://www.arlingtonva.us/Departments/Communications/PressReleases/59606.aspx

• Did you know that across the country, an average of one accessory dwelling is added for every 1000 existing homes when Accessory Dwellings are allowed? Arlington’s Housing Commission has researched the possibilities, including benefits and concerns, relating to allowing legal Accessory Dwellings on single-family home lots, and made a formal report of its findings and recommendations to the County Board. The Executive Summary is a very interesting document: http://www.arlingtonva.us/Departments/CPHD/housing/pdf/page59288.pdf

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Are You a Listserv Member?

Residents, property owners and business/nonprofit interests located in Lyon Park are eligible to use the LPCA-created and maintained Lyon Park Community list serve. To subscribe, please visit:
http://lyonpark.org/mailman/listinfo/community_lyonpark.org

You may select the digest option to reduce the number of e-mails received without reducing access to content.

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Street Sweeping in Arlington

The federal government wants cities to sweep streets as often as possible. In urban areas, street sweeping is one of the most cost-effective ways to remove sediments and associated pollutants, like metals, petroleum products and bacteria that accumulate on streets before they wash into streams. In Europe, it’s common to see distinctly dressed urban workers sweeping streets with brooms. In Arlington, we use mechanized street sweepers. During sweeping, debris is removed from the streets and then the street is scrubbed and rinsed. Before 2001, the County swept 400 lane miles (counting both sides of the street, medians and intersections) in commercial areas. In 2001, Arlington County tripled the number of miles cleaned regularly by expanding its street sweeping program to include residential areas. Now approximately 1,200 lane miles are swept countywide, leaving streets clean, safer to drive on, and tidy. This program is a key part of the County’s commitment to protect and restore local streams and to help protect downstream water quality in the Potomac River and Chesapeake Bay. One estimate of its impact indicates that this program reduces the annual sediment load on streams by 30%.

To implement the program, the County added new regenerative street sweepers—at $120,000 each—to its fleet. Regenerative sweepers differ from the older brush and vacuum systems in that they are closed systems and reduce fine particulate matter dispersal. The additional annual operating cost is $135,000 for personnel, maintenance and depreciation. Street Sweeping begins in mid-March, and crews work in residential and commercial areas to clear the winter’s sand, salt and other debris from the paved edge of roads. Most roads in Arlington are swept seven times annually. The Street Sweeping Program also operates the autumn leaf collection initiative.
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